

## Parasite Cleanse

**These herbs should be taken on an empty stomach (i.e. before you eat)**

In addition:

- you should take 1 gram (1,000 mg) of [vitamin C](#) with each meal (kills botulism)
- don't eat anything with artificial *anything* in it
- throw out personal care items with “prop” or “propyl” anything as ingredients (isopropyl alcohol makes it easier for parasite eggs to “hatch”)
- get any commercial cleaning products, poisons, etc, out of the house (store in an outdoor shed or somewhere the fumes can't get into the house, preferably not an attached garage)
- avoid food with flavorings or colorings; make your food from scratch as much as possible
- no eating leftovers – there is ALWAYS at least some mold in them
- use a non-fluoride toothpaste or plain baking soda to brush your teeth
- no caffeine

This parasite cleanse is recommended for persons with serious health conditions.

For a generally healthy person, follow the first 14 days of this program, and do it once a year.

A two week cleanse for 1 person calls for 1 [Black Walnut](#), 1 [Wormwood](#), and 1 [Cloves](#). Some cases of tapeworm require the addition of [Rascal](#). Use as directed.

	<b>Breakfast</b>	<b>Lunch</b>	<b>Dinner</b>
<b>Day 1</b>	1 drop Black Walnut 1 capsule Cloves	1 drop Black Walnut 1 capsule Cloves	1 drop Black Walnut 1 capsule Cloves 1 capsule Wormwood
<b>Day 2</b>	2 drops Black Walnut 2 capsules Cloves	2 drops Black Walnut 2 capsules Cloves	2 drops Black Walnut 2 capsules Cloves 2 capsules Wormwood
<b>Day 3</b>	3 drops Black Walnut 3 capsules Cloves	3 drops Black Walnut 3 capsules Cloves	3 drops Black Walnut 3 capsules Cloves 3 capsules Wormwood
<b>Day 4</b>	4 drops Black Walnut 3 capsules Cloves	4 drops Black Walnut 3 capsules Cloves	4 drops Black Walnut 3 capsules Cloves 4 capsules Wormwood
<b>Day 5</b>	5 drops Black Walnut 3 capsules Cloves	5 drops Black Walnut 3 capsules Cloves	5 drops Black Walnut 3 capsules Cloves 5 capsules Wormwood
<b>Day 6</b>	6 drops Black Walnut 3 capsules Cloves	6 drops Black Walnut 3 capsules Cloves	6 drops Black Walnut 3 capsules Cloves 6 capsules Wormwood
<b>Day 7</b>	7 drops Black Walnut 3 capsules Cloves	7 drops Black Walnut 3 capsules Cloves	7 drops Black Walnut 3 capsules Cloves 7 capsules Wormwood
<b>Day 8</b>	8 drops Black Walnut 3 capsules Cloves	8 drops Black Walnut 3 capsules Cloves	8 drops Black Walnut 3 capsules Cloves 7 capsules Wormwood

<b>Day 9</b>	9 drops Black Walnut 3 capsules Cloves	9 drops Black Walnut 3 capsules Cloves	9 drops Black Walnut 3 capsules Cloves 7 capsules Wormwood
<b>Day 10</b>	10 drops Black Walnut 3 capsules Cloves	10 drops Black Walnut 3 capsules Cloves	10 drops Black Walnut 3 capsules Cloves 7 capsules Wormwood
<b>Day 11</b>	11 drops Black Walnut	11 drops Black Walnut	11 drops Black Walnut 3 capsules Cloves 7 capsules Wormwood
<b>Day 12</b>	12 drops Black Walnut	12 drops Black Walnut	12 drops Black Walnut 3 capsules Cloves 7 capsules Wormwood
<b>Day 13</b>	13 drops Black Walnut	13 drops Black Walnut	13 drops Black Walnut 3 capsules Cloves 7 capsules Wormwood
<b>Day 14</b>	14 drops Black Walnut	14 drops Black Walnut	14 drops Black Walnut 3 capsules Cloves 7 capsules Wormwood
<b>Day 15</b>	15 drops Black Walnut	15 drops Black Walnut	15 drops Black Walnut 3 capsules Cloves
<b>Day 16</b>			1 teaspoon Black Walnut 3 capsules Cloves
<b>Day 17</b>			1 teaspoon Black Walnut 3 capsules Cloves
<b>Day 18</b>			1 teaspoon Black Walnut 3 capsules Cloves
<b>Day 19</b>			1 teaspoon Black Walnut 3 capsules Cloves
<b>Day 20</b>			1 teaspoon Black Walnut 3 capsules Cloves
<b>Day 21</b>			1 teaspoon Black Walnut 3 capsules Cloves 7 capsules Wormwood
<b>Once a Week</b> For a year, then once a month			1 teaspoon Black Walnut 3 capsules Cloves 7 capsules Wormwood

There are two more supplements that are very helpful (although optional) while killing parasites. The amino acids [Arginine](#) and [Ornithine](#) both help your liver to break down the ammonia produced by dying parasites. Don't buy the combination; get them separately.

Try an Arginine capsule instead of caffeine in the morning. For sleep, take up to 6 Ornithine capsules before bed time.

My best description of excess ammonia: Every cell in your body feels frenetic!

These statements have not been evaluated by the Food and Drug Administration, and are not intended to diagnose, treat, cure, or prevent disease.

Suggestions in this report are strictly the opinion of Sherri Stockman and Your PWC.com, and use of such is at your own risk.

Please see <http://parasites.YourPWC.com> for more information.